

# Greenbrook Community House

We are an inclusive, accessible and welcoming neighbourhood space for all community members.

Whether you like gardening, arts and crafts, singing or grooving to music, we provide creative workshops accessible for all abilities.

TERM 4

7 October – 14 December 2024



Yoga for beginners and beyond

Balinese Yoga-inspired sessions for health, well-being and relaxation.



Bust a move all in

All abilities dance class with Emily Woodward.



Let's canvas kids art studio

Places available, book your free trial Explore different art styles and paint on canvas



Community garden volunteers wanted

Join a group of dedicated Volunteers to garden, gather, grow and take care of the Greenbrook community Garden.

Call or email to find out more.

### **Greenbrook Community House**

40 McFarlane Crescent, Epping 3076 **Office hours:** Tuesday – Thursday, 8.30am – 5pm

#### Contact us

03 8401 6261

greenbrookch@whittlesea.vic.gov.au Bookings are essential.

#### **Getting here**

Bus Route 556 and 901 stop at the Greenbrook shops. Off-street and accessible parking available

## Term 4 2024

## Monday 7 October – Saturday 14 December

Monday	Class		Weeks	Full fee	Concession		
10.30am – 11.30am	Bust a move  - all in (at Janefield Drive Community Centre*) All abilities dance class with Emily Wooward.	full	10	\$60 per term (\$6 per week)			
12.30pm – 2.30pm	Let's Get Cooking (at Epping Community Centre) I Healthy eating tips and practical cooking skills.	full	10	\$100 per term (\$10 per week)			
Tuesday							
10.30am – 11.30am	Yoga for Beginners and Beyond Balinese Yoga-inspired for well-being.		8	\$120 per term (\$15 per week)	\$104 per term (\$13 per week)		
12pm – 1pm	Greenbrook Singers Discover the joy of singing in a group choir.		9	\$63 per term (\$7 per week)	\$54 per term (\$6 per week)		
1.30pm – 3.30pm	Painting and Drawing Skills Choose your media and develop your art skills.		9	\$90 per term (\$10 per week)	\$72 per term (\$8 per week)		
Wednesday							
12.30pm – 2pm	<b>Triple G Community Garden Time</b> Garden, gather and grow.		10	'Volunteers Wanted', please call or email to find out more.			
10.30pm – 12pm	Greenbrook Greenthumbs Gardening or garden themed art and craft.	full	10	\$50 per term (\$5 per week)			
12.30pm – 2.30pm	<b>Get Crafty Social craft Group</b> Knit, crochet, craft or make art over a cuppa.		10	Gold coin donation			
4pm – 5.30pm	Art4 Kids Painting and drawing for Ages 6-12.	full	10	\$105 per term* (\$10 per week)			
Thursday							
10am – 12pm	Marvellous Mosaics Morning Crafting with colourful tiles.		10	\$105 per term* (\$10 per week)	\$85 per term* (\$8 per week)		
12.30pm – 1.30pm	<b>Feelin' Groovy</b> (at Epping Community Centre) Music and movement games for people with disabilities and their carers.	full	10	\$60 per term (\$6 per week)			
1pm – 2.30pm	Art Therapy Creativity for self-awareness and healing	full	10	Free			
Friday							
10am – 12pm	Marvellous Mosaics Morning Crafting with colourful tiles.		10	\$105 per term* (\$10 per week)	\$85 per term* (\$8 per week)		
1pm – 3pm	Marvellous Mosaics Afternoon Crafting with colourful tiles.		10	\$105 per term* (\$10 per week)	\$85 per term* (\$8 per week)		
Saturday							
10am – 12pm	Let's Canvas – Kid's Art Studio Explore different art styles and mediums	available	10	\$10 per week			
Free trial class availab	ree trial class available. Bookings are essential.				*includes \$5 materials fee.		

Term 4 Monday 7 October – Saturday 14 December

Public holiday Tuesday 5 November – Closed



