



YOUTHPLAN

2030+



Baseline FOR YOUNG PEOPLE



City of Whittlesea



YOUTHPLAN 2030+

FIRST PEOPLE

The City of Whittlesea recognises the rich Aboriginal heritage of this country and acknowledges the Wurundjeri Willeam Clan as the Traditional Owners of this place.

YOUNG PEOPLE

Council acknowledges the young people, parents and practitioners who shared their experience and views to inform YouthPlan2030+.

ILLUSTRATOR

Jayla Caprio, 14 years old, provided the illustrations for YouthPlan2030+.

The full YouthPlan2030+ report can be accessed at <http://www.whittlesea.vic.gov.au>

YOUTHPLAN2030+

YouthPlan2030+ is the City of Whittlesea's plan for young people aged 10 to 25 years.

YouthPlan2030+ is based on what young people, their families and experts have told us. It reports on how local young people are faring, and outlines what Council will do for all young people, including those who need extra support.

COUNCIL VALUES YOUNG PEOPLE

Council supports local young people, and their families, through providing services and building communities and facilities where young people live, learn, work, play, and socialise. Council also works with parents, schools and agencies to support the wellbeing of young people.

Council considers the needs of young people, as expressed by them and Council's work is based on:

- Young people's rights
- The best interests of young people
- What young people say
- What young people are good at and want to explore
- Young people's growth and development, experiences and challenges.

YOUNG PEOPLE IN THE CITY OF WHITTLESEA

IN 2017 THERE ARE
42,743
YOUNG PEOPLE
AGED 10 TO 25

BY 2037
THERE WILL BE  YOUNG PEOPLE
72,956
20% OF THE POPULATION

13% UNEMPLOYED

9% DISENGAGED
FROM EDUCATION
AND EMPLOYMENT

HIGH BIRTH
RATES FOR
19 TO 24 YR OLDS

THE MEDIAN
AGE OF THE
ABORIGINAL
AND TORRES STRAIT
ISLANDER
COMMUNITY
IS **21** YEARS

YOUNG PEOPLE AND WELLBEING

At the centre of YouthPlan2030+ is the Wellbeing Outcomes Framework for Young People.

This framework is based on advice from young people, parents and experts and outlines what Council is aiming to achieve for young people.

FOCUS AREAS

DOMAINS AND DESIRED OUTCOMES

DEVELOPMENT AND TRANSITION

Agency

Young people are able to handle the situations that they face, to make positive decisions and can achieve their goals to the best of their ability.

Identity

Young people have a positive sense of who they are in the world, and can be themselves in all situations.

Health & wellbeing

Young people have positive social, emotional, mental and physical health.

RELATIONSHIPS AND SETTINGS

Resilient families and positive relationships

Young people feel loved and safe, that they belong to strong families, and have trusted relationships.

Respected and safe

Young people's rights are upheld, and they are safe at home, school, with friends, in intimate relationships, in the community and in public places.

Connected and engaged

Young people are connected to family, socialising with friends, learning at school, or working. They are involved in the decisions that affect them.

ENVIRONMENTS AND CONDITIONS

Material basics

Young people, their families and significant adults that support them, have financial, housing and food security, and access to jobs and education.

Social and physical infrastructure

Young people have access to services and places that support and welcome them.

HOW YOUNG PEOPLE IN THE CITY OF WHITTLESEA ARE FARING

Most young people tell us they are doing well, and feel happy and healthy.

Young people say they plan to finish school, go to university and/or to work, and to contribute to making the world a better place. However, some experience discrimination, stress, financial and other hardship.

As young people move from primary to secondary school, local data shows lower levels in some areas of wellbeing, including in relationships with adults, eating and sleeping habits, self-esteem, body image and engagement in education.

WHAT MAKES A GOOD LIFE IS... 'CONNECTEDNESS TO MY COMMUNITY, WORK, HEALTH AND SAFETY OF MY FAMILY' (YOUNG PERSON, GOOD LIFE CONSULTATION 2016)

23%
YOUNG WOMEN
AND 12.5%
YOUNG MEN
EXPERIENCE
DISCRIMINATION

TOP REASONS FOR
DISCRIMINATION:

GENDER
60%

RACE 52%

OTHER
20%

TOP

THREE
CONCERNS


1 BODY
IMAGE

2 STRESS

3 
SCHOOL

13% HIGH
↑ LEVEL STRESS

6% ↓ LOW
LEVEL
CONNECTION
TO ADULTS
AT HOME



11% ↓ LOW
LEVEL
CONNECTION TO A PEER GROUP

WHAT COUNCIL WILL DO

Provide programs:

For young people to:

- Make sense of their identities and attitudes
- Connect to culture and communities
- Engage in community decisions including planning for public places
- Be safe, respected and respectful.

For families:

- To support them to support young people.

Facilitate with schools and agencies to:

- Promote gender equity and non-discriminatory practices
- Support adolescent transitions and build resilience
- Strengthen engagement to learning
- Promote respectful relationships.

Advocate for the service system to:

- Support the wellbeing of all young people
- Provide mental health services and housing for young people
- Strengthen families
- Address family violence.

BASELINE FOR YOUNG PEOPLE

Baseline is Council's Youth Service that:

- Focuses on programs that promote resilience in young people and build supportive communities and places
- Works with all young people, including those who are vulnerable and/or from diverse backgrounds
- Co-designs programs with young people offering skill development and leadership opportunities
- Facilitates programs with schools and agencies
- Engages young people in civic decisions and social action
- Advocates for, and with, young people
- Monitors how young people are faring, and emerging issues.

'YOUTH WORK SAVES MONEY, AS IT PREVENTS THE SLIDE TOWARDS TERTIARY CRISIS I.E. CHILD PROTECTION AND THE JUVENILE JUSTICE SYSTEM.'

(CITY OF WHITTLESEA, 2017)

DIVERSITY STATEMENT

Diversity is valued and embraced across our service. In particular we promote the equal participation and cultural, emotional and physical safety of those who often face additional barriers. This includes staff and young people who are Aboriginal, from refugee or migrant backgrounds, who are same-sex attracted, gender diverse, and/or have a disability.

At Baseline for Young People we foster an inclusive culture that embraces difference. We believe that when people from a range of different backgrounds and points of view work together we achieve the best outcomes; for the organisation, for young people and the broader community.



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