

# Greenbrook Community House

We are an inclusive, accessible and welcoming neighbourhood space for all community members.

**TERM 1** 28 January -4 April 2025

Whether you like gardening, arts and crafts, singing or grooving to music, we provide creative workshops accessible for all abilities.



Yoga for beginners and beyond

Balinese Yoga-inspired sessions for health, well-being and relaxation.



Bust a move all in All abilities dance class with Emily Woodward.



Let's canvas open age art studio

Places available, book your free trial. Explore different art styles and paint on canvas



### Community garden volunteers wanted

Join a group of dedicated Volunteers to garden, gather, grow and take care of the Greenbrook community Garden. Call or email to find out more.

#### **Greenbrook Community House**

40 McFarlane Crescent, Epping 3076 Office hours: Monday - Thursday During Term 8.30am – 5pm Contact us © 03 8401 6261 © greenbrookch@whittlesea.vic.gov.au Bookings are essential.

#### Getting here

Bus Route 556 and 901 stop at the Greenbrook shops. Off-street and accessible parking available

### **Term 1** 2025

Tuesday 28 January - Saturday 5 April

## Free trial class available.

Bookings are essential. \*includes \$5 materials fee.

Monday	Class		Weeks	Full fee Concession
10.30am – 11.30am	<b>Bust a move – all in</b> (at Janefield Drive Community Centre*) All abilities dance class with Emily Wooward.	FULL	8	\$48 per term (\$6 per week)
12.30pm – 2.30pm	Let's Get Cooking (at Epping Community Centre) I Healthy eating tips and practical cooking skills	FULL	8	\$80 per term (\$10 per week)
Tuesday				
10.30am – 11.30am	Yoga for Beginners and Beyond Balinese Yoga-inspired for well-being.		10	\$150 per term (\$15 per week) \$130 per term (\$13 per week)
12pm – 1pm	<b>Greenbrook Singers</b> Discover the joy of singing in a group choir.		10	70 per term (\$7 per week) \$60 per term (\$6 per week)
1.30pm – 3.30pm	<b>Painting and Drawing Skills</b> Choose your media and develop your art skills.		10	\$100 per term (\$10 per week) \$80 per term (\$8 per week)
Wednesday				
12.30pm – 2pm	Triple G Community Garden Time Garden, gather and grow.		10	Volunteers Wanted. Please call or email to find out more.
10.30pm – 12pm	Greenbrook Greenthumbs Gardening or garden themed art and craft.	ON HOLD	10	\$50 per term (\$5 per week)
12.30pm – 2.30pm	<b>Get Crafty Social craft Group</b> Knit, crochet, craft or make art over a cuppa.		10	Gold coin donation
4pm – 5.30pm	<b>Art4 Kids</b> Painting and drawing for Ages 6-12.		10	\$105 per term* (\$10 per week)
Thursday				
10am – 12pm	Marvellous Mosaics Morning Crafting with colourful tiles.		10	\$105 per term* (\$10 per week) \$85 per term* (\$8 per week)
12.30pm – 1.30pm	<b>Feelin' Groovy</b> (at Epping Community Centre) Music and movement games for people with disabilities and their carers.	FULL	10	\$60 per term (\$6 per week)
1pm – 2.30pm	Art Therapy Creativity for self-awareness and healing	FULL	10	Free
Friday				
10am – 12pm	Marvellous Mosaics Morning Crafting with colourful tiles.		10	\$105 per term* (\$10 per week) \$85 per term* (\$8 per week)
1pm – 3pm	Marvellous Mosaics Afternoon Crafting with colourful tiles.		10	\$105 per term* (\$10 per week) \$85 per term* (\$8 per week)
Saturday				
10am – 12pm	Let's Canvas – Open Age Art Studio Explore different art styles and mediums		10	\$10 per week

\* Closed Public Holidays Monday 27 January and Monday 10 March



Scan the QR code to enrol or call (\$) 8401 6261 for more information



